

Memory care activities calendar

 - Outdoor Activity

 - Game

 - Indoor Activity

 - Therapy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <ul style="list-style-type: none"> 9: In the news 11: Walking club 2: Cookie social 5: Brain teasers 	2 <ul style="list-style-type: none"> 9: Move to music 11: Music therapy 2: Arts & crafts 5: Trivia 	3 <ul style="list-style-type: none"> 9: Morning walk 11: Reminiscence 2: Noodle hockey 5: Pictionary 	4 <ul style="list-style-type: none"> 9: Morning stretch 11: Ball toss 2: Hand massages 5: Bowling 	5 <ul style="list-style-type: none"> 9: Chair exercises 11: Bowling 2: Bingo 5: Book club 	6 <ul style="list-style-type: none"> 9: Chair dancercise 2: Salon time 5: Pet therapy 7: Movie night 	7 <ul style="list-style-type: none"> 9: Chair Yoga 11: Gardening club 2: Happy hour 7: Gameshow
8 <ul style="list-style-type: none"> 9: In the news 11: Walking club 2: Bingo 5: Finish the lyric 	9 <ul style="list-style-type: none"> 9: Move to music 11: Bird watching 2: Arts & crafts 5: Balloon toss 	10 <ul style="list-style-type: none"> 9: Morning walk 11: Reminiscence 2: Puzzles 5: Pictionary 	11 <ul style="list-style-type: none"> 9: Morning stretch 11: Brain teasers 2: Chair volleyball 5: Music therapy 	12 <ul style="list-style-type: none"> 9: Chair exercises 11: Bowling 5: Book club 7: Movie night 	13 <ul style="list-style-type: none"> 9: Chair dancercise 11: Reminiscence 2: Ring toss 7: Movie night 	14 <ul style="list-style-type: none"> 9: Chair Yoga 11: Gardening club 2: Happy hour 7: Gameshow
15 <ul style="list-style-type: none"> 9: In the news 11: Walking club 2: Coloring 5: Spelling bee 	16 <ul style="list-style-type: none"> 9: Move to music 11: Music therapy 2: Popcorn social 5: Trivia 	17 <ul style="list-style-type: none"> 9: Morning walk 11: Short stories 2: Salon time 5: Karaoke 	18 <ul style="list-style-type: none"> 9: Morning stretch 11: Puzzles 2: Chair volleyball 5: Bowling 	19 <ul style="list-style-type: none"> 9: Chair exercises 11: Bowling 2: Brain teasers 5: Book club 	20 <ul style="list-style-type: none"> 9: Chair dancercise 11: Reminiscence 5: Pet therapy 7: Movie night 	21 <ul style="list-style-type: none"> 9: Chair Yoga 11: Gardening club 2: Happy hour 7: Gameshow
22 <ul style="list-style-type: none"> 9: Outdoor art 11: Walking club 2: Bingo 5: Finish the lyric 	23 <ul style="list-style-type: none"> 9: Move to music 11: Card games 2: Arts & crafts 5: Trivia 	24 <ul style="list-style-type: none"> 9: Morning walk 11: Reminiscence 2: Hand massages 5: Pictionary 	25 <ul style="list-style-type: none"> 9: Morning stretch 11: Ball toss 2: Chair volleyball 5: Bowling 	26 <ul style="list-style-type: none"> 9: Chair exercises 11: Bowling 2: Bingo 5: Book club 	27 <ul style="list-style-type: none"> 9: Chair dancercise 11: Reminiscence 2: Ice cream social 5: Pet therapy 	28 <ul style="list-style-type: none"> 9: Chair yoga 11: Gardening club 5: Brain teasers 7: Gameshow
29 <ul style="list-style-type: none"> 9: In the news 11: Walking club 2: Cookie social 5: Brain teasers 	30 <ul style="list-style-type: none"> 9: Move to music 11: Music therapy 2: Arts & crafts 5: Trivia 	31 <ul style="list-style-type: none"> 9: Morning walk 11: Reminiscence 2: Noodle hockey 5: Pictionary 				